

LUNCH

FRIDAY, AUGUST 28, 2026

CHICKEN STRIPS * 2 strips

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
312	425mg	31g	17.5g	6g	97mg	1g

ZESTY “PICKLE” CHICKEN STRIP 1 strip

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
160	590mg	13g	6g	13g	30mg	0g

GRILLED COD W/DILL SAUCE

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
190	200mg	19g	12g	3g	57mg	0g

CHIK’N STRIPS 3 strips

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
150	350mg	11g	7g	12g	0mg	2g

cashew coconut oil

MAC & CHEEZE gluten-free pasta

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
405	385mg	20g	11g	57g	0mg	4g

* gluten-free strips available upon request



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen